

LESSON 1

TASK 1 SOUNDS INTRODUCTION

1. (Point to **m**.) I'm going to touch under this sound and say the sound. (Touch first ball of arrow. Move quickly to second ball. Hold two seconds.) **mmmmm**. (Release point.)
2. Your turn to say the sound when I touch under it. (Touch first ball.) Get ready. (Move quickly to second ball. Hold.) "mmmmm."

(To correct child saying a wrong sound or not responding:) The sound is **mmmmm**. (Repeat step 2.)

3. (Touch first ball.) Again. Get ready. (Move quickly to second ball. Hold.) "mmmmm." (Repeat three more times.)



4. (Point to **s**.) I'm going to touch under this sound and say the sound. (Touch first ball of arrow. Move quickly to second ball. Hold.) **sssss**. (Release point.)
5. Your turn to say the sound when I touch under it. (Touch first ball.) Get ready. (Move quickly to second ball. Hold.) "sssss."

(To correct child saying a wrong sound or not responding:) The sound is **sssss**. (Repeat step 5.)

6. (Touch first ball.) Again. Get ready. (Move quickly to second ball. Hold.) "sssss." (Repeat three more times.)



TASK 2 SAY IT FAST

31

1. Let's play say-it-fast. My turn: **motor** (pause) **boat**. (Pause.) Say it fast. **motorboat**.
2. Your turn. Wait until I tell you to say it fast. **motor** (pause) **boat**. (Pause.) Say it fast. "motorboat." (Repeat step 2 until firm.)

(To correct child saying word slowly—for example, "motor [pause] boat"): You didn't say it fast. Here's saying it fast: **motorboat**. Say that. "motorboat." Now let's do that part again. (Repeat step 2.)

3. New word. Listen: **ice** (pause) **cream**. (Pause.) Say it fast. "icecream."
4. New word. Listen: **sis** (pause) **ter**. (Pause.) Say it fast. "sister."
5. New word. Listen: **ham** (pause) **burger**. (Pause.) Say it fast. "hamburger."
6. New word. Listen: **mmmēēē**. (Pause.) Say it fast. "me."
7. New word. Listen: **iiiff**. (Pause.) Say it fast. "if."
8. (Repeat any words child had trouble with.)

TASK 3 SAY THE SOUNDS

1. I'm going to say some words slowly, without stopping. Then you'll say them with me.
2. First I'll say **am** slowly. Listen: **aaamm**. Now I'll say **me** slowly. Listen: **mmmēēē**. Now I'll say **in** slowly. Listen: **iiinn**. Now I'll say **she** slowly. Listen: **shshshēēē**.
3. Now it's your turn to say the words slowly with me. Take a deep breath and we'll say **aaamm**. Get ready. "aaamm."

(To correct if child stops between sounds—for example, "aaa [pause] mmm"): Don't stop. Listen. (Don't pause between sounds **a** and **m** as you say **aaamm**.) Take a deep breath and we'll say **aaamm**. Get ready. "aaamm." (Repeat until child responds with you.)

4. Now we'll say **iiinn**. Get ready. "iiinn." Now we'll say **ooonn**. Get ready. "ooonn."
5. Your turn to say words slowly by yourself. Say **aaamm**. Get ready. "aaamm." Say **iiiff**. Get ready. "iiiff." Say **mmmēēē**. Get ready. "mmmēēē." Good saying the words slowly.

TASK 4 SOUNDS REVIEW

1. Let's do the sounds again. See if you remember them. (Touch first ball for **m**.) Get ready. (Quickly move to second ball. Hold.) "mmmmmm."



2. (Touch first ball for **s**.) Get ready. (Quickly move to second ball. Hold.) "sssss."

**TASK 5 SAY IT FAST**

1. Let's play say-it-fast again. Listen: **motor** (pause) **cycle**. Say it fast. "motorcycle."
2. **mmmêêê**. (Pause.) Say it fast. "me." **iiiff**. (Pause.) Say it fast. "if." **shshshêêê**. (Pause.) Say it fast. "she."

TASK 6 SOUNDS WRITING

(Note: Refer to each symbol by its sound, not by its letter name. Make horizontal rules on paper or a chalkboard about two inches apart. Separate writing spaces by spaces about one inch apart. Optionally, divide writing spaces in half with a dotted line: -m-----.)

1. See chart on page 24 for steps in writing **m** and **s**. You're going to write the sounds that I write. You're going to write a sound on each line. I'll show you how to make each sound. Then you'll write each sound. Here's the first sound you're going to write.
2. Here's how you make **mmm**. Watch. (Make **m** at the beginning of first line. Start with a vertical line:

Then add the humps:



(Point to **m**.) What sound? "mmm." First you're going to trace the **mmm** that I made. Then you're going to make more of them on the line.

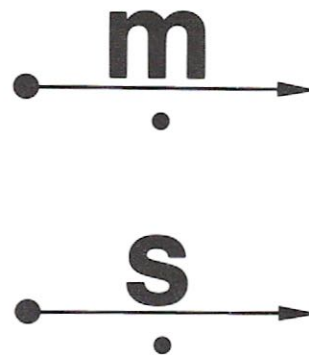
3. (Help child trace sound two or three times. Child is then to make three to five **m**'s on top line. Help child if necessary. For each acceptable letter child makes, say:) Good writing **mmm**.
4. Here's how to make **sss**. Watch. (Make **s** at beginning of second line. Point to **s**.) What sound? "sss."
5. First you're going to trace the **sss** that I made. Then you're going to make more of them on the line. (Help child trace sound two or three times. Child is then to make three to five **s**'s on second line. Help child if necessary. For each acceptable letter child makes, say:) Good writing **sss**.

LESSON 2**TASK 1 SOUNDS REVIEW**

1. (Point to **m**.) I'm going to touch under this sound and say the sound. (Touch first ball of arrow. Move quickly to second ball. Hold two seconds.) **mmmmmm**. (Release point.)
2. Your turn to say the sound when I touch under it. (Touch first ball.) Get ready. (Move quickly to second ball. Hold.) "mmmmmm."

(To correct child saying a wrong sound or not responding:) The sound is **mmmmmm**. (Repeat step 2.)

3. (Touch first ball.) Again. Get ready. (Move quickly to second ball. Hold.) "mmmmmm." (Repeat three more times.)



- (Point to **s**.) I'm going to touch under this sound and say the sound. (Touch first ball of arrow. Move quickly to second ball. Hold.) **ssssss**. (Release point.)
- Your turn to say the sound when I touch under it. (Touch first ball.) Get ready. (Move quickly to second ball. Hold.) "ssssss."

(To correct child saying a wrong sound or not responding:) The sound is **ssssss**. (Repeat step 5.)

- (Touch first ball.) Again. Get ready. (Move quickly to second ball. Hold.) "ssssss." (Repeat three more times.)

TASK 2 SAY IT FAST

- Let's play say-it-fast. My turn: **lawn** (pause) **mower**. (Pause.) Say it fast. **lawnmower**.
- Your turn. Wait until I tell you to say it fast. **lawn** (pause) **mower**. (Pause.) Say it fast. "lawnmower." (Repeat step 2 until firm.)

(To correct child saying word slowly—for example, "lawn [pause] mower":) You didn't say it fast. Here's saying it fast: **lawnmower**. Say that. "lawnmower." Now let's do that part again. (Repeat step 2.)

- New word. Listen: **side** (pause) **walk**. (Pause.) Say it fast. "sidewalk."
- New word. Listen: **iiiff**. (Pause.) Say it fast. "if."
- New word. Listen: **mmmēēē**. (Pause.) Say it fast. "me."
- New word. Listen: **aaamm**. (Pause.) Say it fast. "am."
- New word. Listen: **iiinn**. (Pause.) Say it fast. "in."
- New word. Listen: **shshshēēē**. (Pause.) Say it fast. "she."
- (Repeat any words child had trouble with.)

TASK 3 SAY THE SOUNDS

- I'm going to say some words slowly, without stopping. Then you'll say them with me.
- First I'll say **she** slowly. Listen: **shshshēēē**. Now I'll say **me** slowly. Listen: **mmmēēē**. Now I'll say **ship** slowly. Listen: **shshshiiip**.
- Now it's your turn to say the words slowly with me. Take a deep breath and we'll say **shshshēēē**. Get ready. "shshshēēē."

(To correct if child stops between sounds—for example, "shshsh [pause] ēēē":) Don't stop. Listen. (Don't pause between sounds **sh** and **ē** as you say **shshshēēē**.) Take a deep breath and we'll say **shshshēēē**. Get ready. "shshshēēē." (Repeat until child responds with you.)

- Now we'll say **mmmēēē**. Get ready. "mmmēēē." Now we'll say **shshshiiip**. Get ready. "shshshiiip." Now we'll say **aaamm**. Get ready. "aaamm." Now we'll say **iiinn**. Get ready. "iiinn." Now we'll say **iiiff**. Get ready. "iiiff."
- Your turn to say the words slowly by yourself. Say **shshshēēē**. Get ready. "shshshēēē." Say **mmmēēē**. Get ready. "mmmēēē." Say **shshshiiip**. Get ready. "shshshiiip." Say **aaamm**. Get ready. "aaamm." Say **iiinn**. Get ready. "iiinn." Say **iiiff**. Get ready. "iiiff." Good saying the words slowly.

TASK 4 SOUNDS REVIEW

- Let's do the sounds again. See if you remember them. (Touch first ball for **m**.) Get ready. (Quickly move to second ball. Hold.) "mmmmmm."



- (Touch first ball for **s**.) Get ready. (Quickly move to second ball. Hold.) "ssssss."



- Let's play say-it-fast again. Listen: **sis** (pause) **ter**. Say it fast. "sister."
- Mis** (pause) **ter**. (Pause.) Say it fast. "mister."
mo (pause) **ther**. (Pause.) Say it fast.
"mother." **iiiff**. (Pause.) Say it fast. "if."
sssēēē. (Pause.) Say it fast. "see." **nnnōōō**.
(Pause.) Say it fast. "no." **aaamm**. (Pause.)
Say it fast. "am."

TASK 6 SAY THE SOUNDS

- Your turn to say the words slowly. Say **mmaaaann**. "mmaaaann." Say **wwwiilll**. "wwwiilll." Say **shshshēēē**. "shshshēēē." Say **sssiit**. "sssiit."

(To correct child saying a wrong word or not responding:) Listen. (Don't pause between sounds **s**, **i**, and **t**, as you say **sssiit**.) Take a deep breath and we'll say **sssiit**. Get ready. "sssiit." (Repeat until firm.)

TASK 7 SOUNDS WRITING

- (See chart on page 24 for steps in writing **s** and **m**.)
- You're going to write the sounds that I write. Here's the first sound you're going to write.
- (Write **s** at beginning of first line. Point to **s**.) What sound? "sss."
- First trace the **sss** that I made. Then make more of them on this line. (After tracing **s** several times, child is to make three to five **s**'s. Help child if necessary. For acceptable letters say:) Good writing **sss**.
- Here's the next sound you're going to write. (Write **m** at beginning of second line. Point to **m**.) What sound? "mmm."
- First trace the **mmm** that I made. Then make more of them on this line. (After tracing **m** several times, child is to make three to five **m**'s. Help child if necessary. For acceptable letters say:) Good writing **mmm**.

LESSON 3**TASK 1 SOUNDS INTRODUCTION**

- (Point to **a**.) Here's a new sound. I'm going to touch under this sound and say the sound. (Touch first ball of arrow. Move quickly to second ball. Hold.) **āāāāā**.
- Your turn to say the sound when I touch under it. (Touch first ball.) Get ready. (Move quickly to second ball. Hold.) "āāāāā."

(To correct child saying a wrong sound or not responding:) The sound is **āāāāā**. (Repeat step 2.)

- (Touch first ball.) Again. Get ready. (Move quickly to second ball. Hold.) "āāāāā."

**TASK 2 SOUNDS REVIEW**

- You're going to say all these sounds. (Touch first ball for **m**.) Get ready. (Quickly move to second ball. Hold.) "mmmmmm."



- (Touch first ball for **a**.) Get ready. (Quickly move to second ball. Hold.) "aaaaaa."



- (Touch first ball for **s**.) Get ready. (Quickly move to second ball. Hold.) "ssssss."



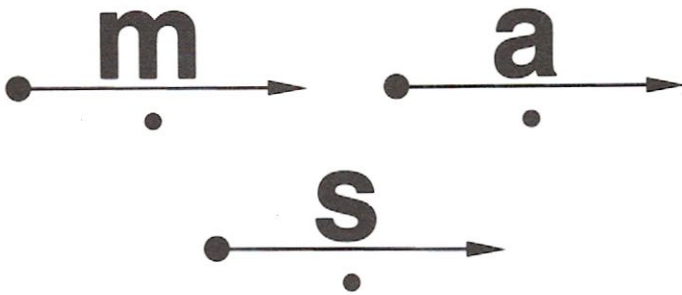
TASK 3 SAY THE SOUNDS

1. Your turn to say the words slowly. Say **rrruuunnn**. "rrruuunnn." Say **mmaaannn**. "mmaaannn." Say **thththiiisss**. "thththiiisss." Say **wwwēēē**. "wwwēēē." Say **shshshēēē**. "shshshēēē."

(To correct child saying a wrong word or not responding:) Listen. (Don't stop between sounds **sh** and **ē** as you say **shshshēēē**.) Take a deep breath and we'll say **shshshēēē**. Get ready. "shshshēēē." (Repeat until firm.)

TASK 4 SOUNDS

1. Let's play say-it-fast with these sounds. My turn. (Touch first ball for **m**. Move quickly to second ball. Hold.) **mmmmm**. (Release.) (Touch first ball.) Say it fast. (Move quickly to end of arrow.) **m**.
2. Your turn. First you'll say it slowly. Then you'll say it fast. (Touch first ball for **m**.) Say the sound slowly. (Move quickly to second ball. Hold.) "mmmmm." (Release.) (Touch first ball.) Say it fast. (Move quickly to end of arrow.) "m."
3. (Touch first ball for **a**.) Say the sound slowly. (Move quickly to second ball. Hold.) "aaaaa." (Release.) (Touch first ball for **a**.) Say it fast. (Move quickly to end of arrow.) "a."



4. (Touch first ball for **m**.) Say the sound slowly. (Move quickly to second ball. Hold.) "mmmmm." (Release.) (Touch first ball for **m**.) Say it fast. (Move quickly to end of arrow.) "m."
5. (Touch first ball for **s**.) Say the sound slowly. (Move quickly to second ball. Hold.) "sssss." (Touch first ball for **s**. Hold.) Say it fast. (Move quickly to end of arrow.) "s."

6. (Touch first ball for **a**.) Say the sound slowly. (Move quickly to second ball. Hold.) "aaaaa." (Touch first ball for **a**.) Say it fast. (Move quickly to end of arrow.) "a."

TASK 5 SAY THE SOUNDS

1. We're going to play a new say-it-fast game. First you'll say the word that I say slowly. Then you'll say it fast. Say (pause) **mmēēē**. "mmēēē." Now say it fast. "me."
2. Say (pause) **mmaaannn**. "mmaaannn." Now say it fast. "man." Say (pause) **iiiff**. "iiiff." Now say it fast. "if." Say **wwwēēē**. "wwwēēē." Now say it fast. "we."
3. Let's do those words again. (Repeat step 2 until firm.)

TASK 6 SAY THE SOUNDS

1. I'm going to say the sounds on the arrow. (Touch first ball. Quickly move to second ball. Hold for about three seconds. Quickly move to third ball and hold for about three seconds. Say **aaamm** without pausing between sounds as you touch under each sound. Repeat.)
2. This time I'm going to say the sounds. You touch under each sound as I say it. Put your finger on the first ball. Get ready. **aaamm**. (Hold each sound for about three seconds. Do not pause between sounds. Child touches under each sound as soon as you start to say it.)
3. Again, finger on the first ball. Get ready. **aaamm**. (Repeat until firm.)

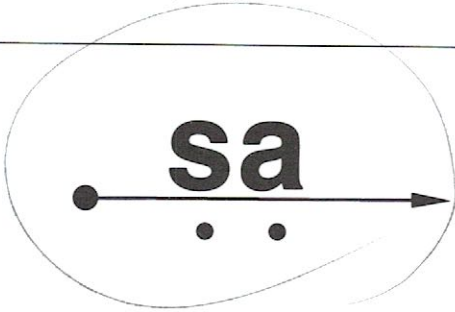
(To correct: Hold child's finger and move it to appropriate balls on arrow as you say **aaamm**. Then repeat.)



TASK 7 SAY THE SOUNDS

1. I'm going to say the sounds on the arrow.
(Touch first ball. Quickly move to second ball. Hold for about three seconds. Quickly move to third ball and hold for about three seconds. Say **sssaaa** without pausing between sounds as you touch under each sound. Repeat.)
2. This time I'm going to say the sounds. You touch under each sound as I say it. Put your finger on the first ball. Get ready. **sssaaa**.
(Hold each sound for about three seconds. Do not pause between sounds. Child touches under each sound as soon as you start to say it.)
3. Again, finger on the first ball. Get ready. **sssaaa**. (Repeat until firm.)

(To correct: Hold child's finger and move it to appropriate balls on arrow as you say **sssaaa**. Then repeat.)



TASK 8 SOUNDS WRITING

1. (See chart on page 24 for steps in writing a and m.)
2. You're going to write the sounds that I write. Here's the first sound you're going to write.
3. (Write **a** at beginning of first line. Point to **a**.) What sound? "aaa."
4. First trace the **aaa** that I made. Then make more of them on this line. (After tracing a several times, child is to make three to five a's. Help child if necessary. For each acceptable letter say:) Good writing **aaa**.
5. Here's the next sound you're going to write. (Write **m** at beginning of second line. Point to **m**.) What sound? "mmm."
6. First trace the **mmm** that I made. Then make more of them on this line. (After tracing m several times, child is to make three to five m's. Help child if necessary. For acceptable letters say:) Good writing **mmm**.

LESSON 4

TASK 1 SOUNDS REVIEW

1. You're going to say all these sounds. (Touch first ball for **m**.) Get ready. (Quickly move to second ball. Hold.) "mmmmmm."



2. (Touch first ball for **a**.) Get ready. (Quickly move to second ball. Hold.) "aaaaaa."



3. (Touch first ball for **s**.) Get ready. (Quickly move to second ball. Hold.) "sssss."



TASK 2 SAY THE SOUNDS

Your turn to say the words slowly.
 Say **aaat**. "aaat."
 Say **ēēēt**. "ēēēt."
 Say **mmmaaat**. "mmmaaat."
 Say **thththiiss**. "thththiiss."
 Say **rrruunnn**. "rrruunnn."
 Say **nnnoot**. "nnnoot."
 Say **thththaaat**. "thththaaat."
 Say **wwwēēē**. "wwwēēē."

Just slow
Not say them fast
 84

TASK 3 SOUNDS

1. You're going to say sounds slowly, then you're going to say them fast. (Touch first ball for **s**.) Say the sound slowly. (Move quickly to second ball. Hold.) "sssss." (Release.) (Return to first ball.) Say it fast. (Move quickly to end of arrow.) "s."
2. (Touch first ball for **m**.) Say the sound slowly. (Move quickly to second ball. Hold.) "mmmmm." (Release.) (Return to first ball for **m**.) Say it fast. (Move quickly to end of arrow.) "m."
3. (Touch first ball for **a**.) Say the sound slowly. (Move quickly to second ball. Hold.) "aaaaa." (Release.) (Return to first ball for **a**.) Say it fast. (Move quickly to end of arrow.) "a."



TASK 4 SAY THE SOUNDS

1. Say **rrruunnn**. "rrruunnn."
Say it fast. "run."
Say **aaat**. "aaat."
Say it fast. "at."
Say **nnnöööt**. "nnnöööt."
Say it fast. "not."
Say **thththiiiss**. "thththiiiss."
Say it fast. "this."
Say **mmaaat**. "mmaaat."
Say it fast. "mat."
2. Let's do those words again. (Repeat step 1 until firm.)

TASK 5 SAY THE SOUNDS

1. I'm going to say the sounds on the arrow. (Touch first ball. Quickly move to second ball. Hold for about three seconds. Quickly move to third ball and hold for about three seconds. Say **mmaaa** without pausing between sounds as you touch under each sound. Repeat.)
2. This time I'm going to say the sounds. You touch under each sound as I say it. Put your finger on the first ball. Get ready. **mmaaa**. (Hold each sound for about three seconds. Do not pause between sounds. Child touches under each sound as soon as you start to say it.)
3. Again, finger on the first ball. Get ready. **mmaaa**. (Repeat until firm.)



(To correct: Hold child's finger and move it to appropriate balls on arrow as you say **mmaaa**. Then repeat.)

TASK 6 SAY THE SOUNDS

1. I'm going to say the sounds on the arrow. (Touch first ball. Quickly move to second ball. Hold for about three seconds. Quickly move to third ball and hold for about three seconds. Say **ssaaa** without pausing between sounds as you touch under each sound. Repeat.)
2. This time I'm going to say the sounds. You touch under each sound as I say it. Put your finger on the first ball. Get ready. **ssaaa**. (Hold each sound for about three seconds. Do not pause between sounds. Child touches under each sound as soon as you start to say it.)
3. Again, finger on the first ball. Get ready. **ssaaa**. (Repeat until firm.)



(To correct: Hold child's finger and move it to appropriate balls on arrow as you say **ssaaa**. Then repeat.)